



Winstar Announces the Appointment of Manager of Canadian Operations and Engineering

CALGARY, October 12, 2005 – Winstar Resources Ltd. ("Winstar") (WRL-TSX-V) is pleased to announce that effective October 17th, Mr. R. Laurie Henderson is assuming the duties of Manager of Canadian Operations and Engineering. As the manager of this department, Mr. Henderson will immediately be responsible for Winstar's Canadian production, operations and engineering, and as soon as practical will assist at international engineering and acquisition evaluation.

Laurie has nineteen years of diverse Canadian oil and gas industry experience. Laurie began his career in 1986 as an Engineer in Training with Amoco Canada Petroleum Limited, between 1993 and 2004 he held consulting or senior engineering positions with a number of Calgary based petroleum companies, the most recent being Area Engineering Manager; Paramount Energy Operating Corp.

Laurie holds a Bachelor of Science Degree in Mechanical Engineering from the University of Calgary and is an active member of the Association of Professional Engineers, Geologists, and Geophysicists of Alberta (APEGGA) and the Association of Professional Engineers and Geoscientist of British Columbia (APEGBC).

Further to Mr. Henderson's assumption of duties, he has been granted options to purchase 225,000 (pre consolidated) common shares of Winstar at current market price.

Winstar's common shares trade on the TSX Venture Exchange under the symbol WRL.

For further information, please contact:

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