



Winstar Earns \$4.5 Million on Record Cash Flow of \$8.1 million in Q1 2007

CALGARY, May 10, 2007 – Winstar Resources Ltd. (“Winstar” or “the Company”) (TSX:WIX) is pleased to announce its operating and financial results for the first quarter of 2007 and provide an overview of its plans and perspectives for the remainder of the year.

Winstar, a junior oil and gas company with producing properties in Canada, Tunisia and Hungary, achieved rapid growth in Q1 2007, with record production and cash flow from operations. The Company earned \$4.5 million in the first quarter of 2007, an increase of 220% from \$1.4 million in the first quarter of 2006.

Q1 2007 Production, Sales, Cash Flow, & Earnings (CDN \$)

	Result	% Change over Q1 2006
Average Production (boepd)	2,083	Up 9%
Average Sales (boepd)	2,525	Up 28%
Cash Flow From Operations	\$8,087,000	Up 56%
Earnings	\$4,520,000	Up 220%

Operating and Financial Summary:

Highlights	First Quarter			Quarter over Quarter		
	Three Months Ended March 31,			Q1	Q4	
	2007	2006	% Change	2007	2006	% Change
Sales and Prices						
Natural gas sales (Mcf/d)	5,876	8,599	(32)	5,876	6,048	(3)
Oil and NGL sales (boepd)	1,546	538	187	1,546	617	151
Average daily sales 6:1 (boepd)	2,525	1,972	28	2,525	1,625	55
Average natural gas price (\$/Mcf)	8.74	7.24	21	8.74	8.10	8
Average oil and NGL price(\$/bbl)	67.08	66.66	1	67.08	64.23	4
Financial (CDN \$ thousands)						
Oil and gas revenue	13,955	8,831	58	13,955	8,157	71
Cash flow from operations	8,087	5,190	55	8,087	3,672	115
Per share, basic and diluted	0.28	0.18	72	0.28	0.13	138
Net income/(loss)	4,520	1,414	220	4,520	(79)	-
Per share, basic and diluted	0.16	0.05	274	0.16	0.00	-
Working capital at period end	3,149	17,243	(82)	3,149	7,371	(57)
Long term debt at period end	-	-	-	-	-	-
Shareholders' equity at period end	72,965	66,182	10	72,965	68,237	7
Common Shares (thousands)						
Weighted average during the period	28,740	28,564	1	28,740	28,585	1
– Basic						
– Diluted	28,965	28,564	1	28,965	28,585	1
Outstanding at period end	28,740	28,564	1	28,740	28,677	-

Production

Winstar realized record oil and gas production in the first quarter of 2007, primarily as a result of the Company's significant work-over success in Tunisia late in 2006. Hungarian gas sales were lower than the year before because of a milder European winter and also because Winstar's field production is declining. Canada, on the other hand, showed an improvement as new gas production from Central Alberta came on-stream.

PRODUCTION SUMMARY Production Per Area (boepd)	Three months ended March 31	
	2007	2006
Ferrier and other	333	292
Taber	94	97
Canada Total	427	389
Torokkoppany	583	1,123
Hungary Total	583	1,123
Sabria	258	289
Zinnia	101	10
Sanrhar	30	37
Chouech Essaida	684	70
Tunisia Total	1,073	406
Total boepd	2,083	1,918

Plans and Perspectives for 2007

Winstar is forecasting average net daily production (sales) of between 2,600 and 2,900 boepd in 2007. This compares with 1,612 boepd in 2006, 808 boepd in 2005 and 494 boepd in 2004.

If the Company produces between 2,600 and 2,900 boepd, and if consolidated commodity prices remain at or above \$65 US per barrel of oil (Brent) and \$8 Cdn per thousand cubic feet of gas, and if all expenses including royalty, operating costs, general and administrative plus cash taxes are \$22 per boe or less then a cash flow of \$35 to \$40 million for 2007 is derived.

Winstar anticipates 2007 capital expenditures to be a minimum of \$40 million and, dependent on program success and the advancement of current opportunities, up to \$60 million. Winstar expects to fund its capital budget through working capital and cash flow, but is likely to supplement the budget through short-term bank debt or by farming out certain Alberta prospects. This budget range should also be seen as an indication of the inventory of opportunities that exist in the company.

Outlook

With three to four years of exploration and development locations and a number of high-impact Tunisian, Canadian and Hungarian drilling opportunities within a medium-risk portfolio, Winstar expects continued development and production growth this year and beyond.

Corporate Secretary

At the Company's May 10, 2007 Board meeting, Mr. James O'Connor, Winstar's Manager of Land and Legal Affairs, was appointed Corporate Secretary. Mr. O'Connor has been with Winstar since October 2005. He has 14 years of diversified industry experience holding various positions within the land department of a number of Canadian major oil and gas companies. Mr. O'Connor has a Bachelor of Arts from Queen's University and a Bachelor of Laws from the University of Western Ontario.

The Board and the management thank Mr. Christopher Nixon (Partner-Stikeman Elliott) for his service and dedication as the Company's Corporate Secretary during the period October 2003 to May 2007. During that period Mr. Nixon assisted the Company through a myriad of legal issues and business challenges.

BOE

References herein to boe mean barrels of oil equivalent derived by converting gas to oil in the ratio of six thousand cubic feet (Mcf) of gas to one barrel (bbl) of oil. Boe may be misleading, particularly if used in isolation. A boe conversion ratio of 6 Mcf:1 bbl is based upon an energy conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead.

Non-GAAP Measures

"Cash flow" and "funds from operations," which are used interchangeably, "cash flow per share," "funds from operations per share" and "netbacks" are not recognized measures under Canadian generally accepted accounting principles. The Company uses these measures to help evaluate its performance. Management considers netbacks an important measure as it demonstrates its profitability relative to current commodity prices. Management uses funds from operations to analyze performance and considers it a key measure as it demonstrates the Company's ability to generate the cash necessary to fund future capital investments and to repay debt. Funds from operations have been defined by the Company as net earnings plus the add back of non-cash items (stock-based compensation, depletion, depreciation and accretion, exploration expense, impairment on long-lived assets, gain on disposition of property and equipment, expiry of undeveloped land and future income tax recovery) and excludes the change in non-cash working capital related to operating activities and expenditures on asset retirement obligations and reclamation. The Company also presents funds from operations per share whereby amounts per share are calculated using weighted average shares outstanding consistent with the calculation of earnings per share. Winstar's determination of cash flow and funds from operations may not be comparable to that reported by other companies nor should it be viewed as an alternative to cash flow from operating activities, net earnings or other measures of financial performance calculated in accordance with Canadian GAAP.

Sales and Seasonality

Oil and natural gas production is not necessarily equal to sales. Tunisian oil is transported or pipelined to a terminal for periodic offloading onto oil tankers. Revenue from tanker sales is recognized only when the sale occurs. Production during the period is carried in inventory until sold. Hungarian natural gas is sold on a monthly basis into the local market. Monthly sales are subject to local market product demand which increases during the heating seasons of fall and winter and curtails over the warmer spring and summer seasons.

Forward-Looking Statements

This press release contains forward-looking statements. These statements relate to future events or future performance of Winstar. When used in this press release, the words "may", "would", "could", "will", "intend", "plan", "anticipate", "believe", "estimate", "predict", "seek", "propose", "expect", "potential", "continue", and similar expressions, are intended to identify forward-looking statements. These statements involve known and unknown risks, uncertainties, and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. Such statements reflect the Company's current views with respect to certain events, and are subject to certain risks, uncertainties and assumptions. Many factors could cause the Company's actual results, performance, or achievements to materially differ from those described in this press release. Should one or more of these risks or uncertainties materialize, or should assumptions underlying forward-looking statements prove incorrect, actual results may vary materially from those described in this press release as intended, planned, anticipated, believed, estimated, or expected. Specific forward-looking statements in this press release include, among others, statements pertaining to the following: factors upon which Winstar will decide whether or not to undertake a specific course of action; and estimated volumes and timing of future production; business plans for drilling, exploration and development; and other expectations, beliefs, plans, goal, objectives, assumptions, information and statements about possible future events, conditions, results of operations or performance. The risks to which Winstar is subject include those of the oil and gas industry in general including operational risks in exploring for, developing and producing crude oil and natural gas; risks and uncertainties involving geology of oil and gas deposits; volatility in global market prices for oil and natural gas; general economic conditions; competition; liabilities and risks, including environmental liability and risks, inherent in oil and gas operations; uncertainties as to the availability and cost of financing and changes in capital markets; alternatives to and changing demand for petroleum products; and changes in legislation and the regulatory environment, including uncertainties with respect to the Kyoto Protocol. Furthermore, statements relating to "reserves" or "resources" are deemed to be forward-

looking statements, as they involve the implied assessment, based on certain estimates and assumptions that the resources and reserves described can be produced profitably in the future. The forward-looking statements contained in this press release are expressly qualified in their entirety by this cautionary statement. These statements speak only as of the date of this press release. The Company does not intend and does not assume any obligation, to update these forward-looking statements to reflect new information, subsequent events or otherwise, except as required by law.

Winstar Resources Ltd. is Calgary-based junior oil and gas company, which explores for, develops, produces, and sells crude oil, natural gas liquids and natural gas in Alberta, Tunisia and Hungary. Winstar's common shares trade on the Toronto Stock Exchange under the symbol WIX.

For further information regarding financial and operational results, please review Winstar's Power Point Presentations found at www.winstar.ca and please contact;

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