



Winstar Reports Record Net Asset Value, Reserves, Production And Cash Flow In 2005

CALGARY, March 30, 2006 – Winstar Resources Ltd. (TSX-V: WIX) is pleased to announce its operating and financial results for 2005 and provide an overview of its plans and perspectives for 2006.

During the year, the Company reports record reserves, generated record production and cash flow and achieved a net asset value per diluted share of \$6.05 based on proved plus probable reserves.

The Year in Review

Winstar was reorganized, recapitalized and revitalized on August 19, 2005 through its merger with privately held Athanor B.V. On August 22, 2005, Winstar closed a private placement in the amount of \$21.35 million, giving the Company a solid platform for multinational growth in Alberta, Hungary and Tunisia.

As the August 19, 2005 merger with Athanor B.V. constituted a reverse takeover, the 2005 financial results of the Company have been determined as follows:

- Winstar's 2005 results include the financial results of Winstar B.V. (formerly Athanor B.V.) for the full 12-month period.
- The results of Winstar's Hungarian subsidiary (Winstar Hungary Ltd.) have been included since Athanor B.V.'s June 9, 2005 acquisition of El Paso Hungary Ltd., a company with a large natural gas producing concession and land base in Hungary.
- Winstar's results, as they pertain to Canada only, have been included since the August 19, 2005 merger.
- For comparative purposes, the results for 2004 are those of Athanor B.V. Concurrently, Winstar adopted what is known as the successful method of accounting, the original accounting method used by Athanor B.V.

In October 2005, Winstar completed the consolidation of its shares on the basis of one new share for five existing shares. As a result, the number of outstanding shares was reduced to 28.3 million.

Financial Highlights

	2005	2004	% Change
Oil & Gas Sales and Prices			
Natural gas sales (mcf/d)	2,534	696	264
Oil and NGL sales (bpd)	392	369	6
Average Daily sales 6:1 (boepd)	814	485	68
Average Natural Gas price (\$/mcf)	7.85	4.60	71
Average oil and NGL price(\$/bbl)	59.90	49.78	20
Financial (\$)	Audited 12 months 2005	Revised 12 months 2004	
Oil and gas revenue	\$15,821,630	\$7,864,882	101
Cash flow from operations	\$7,281,094	\$3,357,684	117
Per share, basic + diluted	\$0.41	\$0.29	41
Net income (loss)	(\$1,483,178)	(\$6,351,368)	-
Per share, basic + diluted	(\$0.08)	(\$0.57)	-
Working capital	\$14,864,484	\$5,684,464	161
Long-term bank debt	Nil	Nil	
Shareholders equity	\$65,516,439	\$20,030,695	227
Common Shares			
Weighted average during period			
Basic + diluted	17,625,359	11,395,177	55
Outstanding at period end	28,563,606	11,395,177	151

Annual and Fourth Quarter Cash Flow per fully diluted share (at year end)

	2005	2004	2005	2004
	Q4	Q4	Annual	Annual
Cash Flow per Year end Fully Diluted Share (1)	\$0.18	\$0.08	\$0.24	\$0.29

(1) Year end Fully Diluted Shares: 30,152,274 (2005) & 11,395,177 (2004) are not the weighted average numbers during the period (in accordance with Canadian generally accepted accounting principles), but is sum of outstanding shares and all outstanding options at the period end.

Production (1)

Winstar continues to expand its production from all areas. During 2005, the Company increased its average daily production by 64% from 494 boepd (2004) to 808 boepd (2005) or by 159% to 1,279 boepd if the consolidated production is proportionally increased to 12 months. Production for the fourth quarter -- the first full reporting period of the consolidated company -- increased 224% from 518 boepd (Q4 2004) to 1,679 boepd (Q4 2005).

	Q4 2005 Boepd	Q4 2004 Boepd
Tunisia	454	518
Hungary	716	0
Canada	509	0
Total boepd	1,679	518

	2005			2004
	Boepd	Consolidation Period	Approx. Annualized (2) Boepd	Boepd
Tunisia	420	12 months	420	494
Hungary	214	June 9- Dec 31	385	
Canada	174	Aug 19-Dec 31	474	
Total boepd	808		1,279	494

Note:

(1) Production is not equal to sales as reported in the Financial Highlights. Average daily sales during 2004 were 485 boepd as compared to 494 boepd of production and average daily sales during 2005 were 814 boepd as compared to 808 boepd of production. This discrepancy between sales and production volumes arises due to the fact that in Tunisia, the majority of Winstar's oil is produced and then transported into port side tanks for export. Tankers are loaded on average, once a quarter. Oil sales are recorded when title of the hydrocarbon is transferred, where as oil production is recorded when the hydrocarbon is transported out of the fields.

(2) Consolidated period production proportionally increased to 12 months.

Reserves

Winstar is pleased to report a material increase in its proved plus probable reserves, which increased approximately 40% from 2004 to 2005. Of particular significance is the increase in proved reserves, which have been multiplied almost four times.

The Company credits the spectacular growth in its proved reserves primarily to its Sabria, Tunisia property. The increase reflects the increased confidence of the Winstar team and its independent reserve auditor regarding the significant upside potential of this field.

Winstar's reserves, evaluated concurrently by McDaniel & Associates Consultants for Alberta and by APA Petroleum Engineering for Tunisia and Hungary, are as follows

	Alberta mboe	Tunisia mboe	Hungary mboe	TOTAL mboe
As of December 31, 2004				
Proved Developed Reserves	0	924	0	924
Proved Undeveloped Reserves	0	0	0	0
Total Proved	0	924	0	924
Probable Reserves	0	5,909	0	5,909
TOTAL Proved + Probable	0	6,833	0	6,833
As of December 31, 2005				
Proved Developed reserves	585	1,242	254	2,081
Proved Undeveloped reserves	8	1,248	90	1,346
Total Proved	593	2,490	344	3,427
Probable Reserves	201	5,776	99	6076
TOTAL Proved + Probable	794	8,266	443	9,503

Note: With the Hungarian assets acquired June 9, 2005 and the August 19, 2005 acquisition of Athanor B.V. having been treated as a reverse takeover, only the Athanor B.V. reserves are reported as of the beginning of the year. All reserves are gross (before royalties) and based on McDaniel December 31, 2005 forecast prices.

Net Asset Value

Using independent engineering evaluations, Winstar has calculated its net asset value per share, as of December 31, 2005, and has restated its December 31, 2004 as follows:

	Winstar (WIX) December 2005 Post Aug. 19,2005 merger \$ million	TSX Reporting Entity December 2004 Original pre merged Winstar \$ million
Proved Developed Reserves:	\$41.14	\$8.75
Proven Undeveloped Reserves	\$26.23	\$1.09
Probable Reserves	\$81.54	\$3.62
Total Proved and Probable Reserves ⁽¹⁾ :	\$148.91	\$13.46
Land ⁽²⁾ :	\$13.53	\$9.44
Working Capital (Deficient)	\$14.86	(\$6.71)
Long-Term Debt:	\$0.0	\$0.0
Option Proceeds	\$5.09	\$2.40
NET ASSET VALUE	\$182.39	\$18.59
NET ASSET VALUE PER YEAR END DILUTED SHARE ^{(3) (4)}	\$6.05	\$2.34
NET ASSET VALUE PER YEAR END DILUTED SHARE ^{(3) (4)} - PROVED ONLY:	\$3.35	\$1.88

Notes:

- (1) As evaluated by McDaniel & Associates (Canada) and APA Petroleum Engineering (Tunisia and Hungary). Discounted at 10%, before tax, using McDaniel forecasted prices.
- (2) As independently evaluated by Seaton-Jordan & Associates Ltd. Value includes only Canadian acreage. No value was attributed to non-producing acreage in Tunisia and Hungary.
- (3) Year end Fully Diluted Shares: 30,152,274 (2005) & 7,956,785 (2004) are not the weighted average numbers during the period (in accordance with Canadian generally accepted accounting principles), but is sum of outstanding shares and all outstanding options at the period end.
- (4) After taking into affect the October 2005 five for 1 share consolidation

2005 Finding, Development and Acquisition Costs

Winstar's capital expenditures, for the purpose of finding, development and acquisition cost, was as follows: Winstar incurred approximately \$10 million of capital expenditures in 2005 and approximately \$17 million in acquiring Canadian reserves (\$11.6 million of share value) and Hungarian reserves (\$5.7 million in cash) for a total of approximately \$27 million. Net changes for expected future capital expenditures totaled \$20.5 million for the proved reserves and \$18.8 million for the proved plus probable reserves.

Given the Company's reserve base at year-end 2005, Winstar's finding cost based on McDaniel's forecast prices is as follows:

	Total Proved Reserves Added	F&D⁽¹⁾	Acquisition	FD&A
	(mboe)	\$/boe	\$/boe	\$/boe
Capex Program	1,952	\$10.52	-	-
Acquisition	816	-	\$21.24	-
Total	2,768	-	-	\$13.68

	Total Proved and Probable Reserves Added	F&D⁽¹⁾	Acquisition	FD&A
	(mboe)	\$/boe	\$/boe	\$/boe
Capex Program	1,989	\$9.44	-	-
Acquisition	946	-	\$18.32	-
Total	2,935	-	-	\$12.30

Note:

(1) F & D costs include consideration for future development capital.

The aggregate of the exploration and development costs incurred in the most recent financial year and the change during that year in estimated future development costs generally will not reflect total finding and development costs related to reserve additions for that year.

Reserves Replacement (not including Acquisition Reserve Additions)

During 2005, Winstar's reserves replacement ratio evolved as follows:

2005 Production	Proved Reserves Replacement Ratio	Proved + Probable Reserves Replacement Ratio
(mboe)	(%)	(%)
265 (1)	737	751

(1) Consolidated production being: Tunisia for 12 months of 2005, Hungary from June 9 to December 31, 2005 and Alberta from August 19 to December 31, 2005

Land Base

The majority of Winstar's land base is 'undeveloped' and covered with 2D or 3D seismic.

	Net Sections⁽¹⁾ December 31, 2004⁽²⁾	Net Sections⁽¹⁾ December 31, 2005
Canada (Alberta – Crown and Freehold Leases or Licenses)	0	92
Tunisia (Five concessions)	236	236
Hungary (One concession and one exploration permit)	0	888
TOTAL sections/sq miles	236	1,216

Notes:

(1) 1 section = 1 square mile, 640 acres or 259 hectares.

(2) Only the Athanor B.V. land base is reported as of the beginning of the year

Plans and Perspectives for 2006

Winstar's plan is to significantly increase its production in 2006. Average daily production during 2006 is estimated to be 1,600 to 1,700 boepd, compared to 808 boepd in 2005 (or 1279 boepd with post consolidated production annualized).

In order to attain this objective, the Company has an ambitious capital program for 2006, as follows:

Approved 2006 Capital Budget

\$ million	Alberta	Tunisia	Hungary	TOTAL
Drilling	\$7.7	\$9.2	\$2.4	\$19.3
Other	\$3.0	\$2.3	\$0.4	\$5.7
TOTAL	\$10.7	\$11.5	\$2.8	\$25.0

The Company's Tunisian assets are a priority for 2006. The focus will be the Sabria (Winstar 45% working interest) concession, operated by Winstar, where the Company is planning three major drilling operations. At Sabria, the combination of strong operating netbacks with updated geological, geophysical and reservoir interpretations produce high-impact potential for Winstar. Also in Tunisia, Winstar plans to invest in its Chouech Es Saida and Ech Chouech concessions.

Other capital expenditures will be devoted to the further creation of value on Winstar's extensive land holdings in Alberta, in particular at Ferrier, Strachan, Sturgeon Lake and Brazeau. The Company also plans to further strengthen its operations in Hungary, with the expectation of drilling two potential high impact exploratory wells in late 2006. Winstar's capital program may change over time, depending on factors such as commodity prices, availability of services and initial results.

BOE

References herein to 'boe' mean barrels of oil equivalent derived by converting gas to oil in the ratio of six thousand cubic feet (Mcf) of gas to one barrel (bbl) of oil. Boe may be misleading, particularly if used in isolation. A boe conversion ratio of 6 Mcf:1 bbl is based upon an energy conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead.

Non-GAAP Measures

"Cash flow from operations" and "operating netbacks" are non-GAAP financial measures that do not have any standardized meaning prescribed by Canadian Generally Accepted Accounting Principles ("GAAP") and are therefore unlikely to be comparable to similar measures presented by other reporting issuers. Management believes both terms are useful as indicators of the Company's ability to fund future capital expenditures. Cash flow from operations is calculated before changes in non-cash working capital.

Forward-Looking Statements

Certain information regarding Winstar contained herein constitutes forward-looking statements within the meaning of applicable securities laws and regulations. Forward-looking statements include estimates, plans, expectations, opinions, forecasts, projections, guidance or other statements that are not statements of facts. Although Winstar believes that the expectations reflected in such forward looking statements are reasonable, it can give no assurance that such expectations will be realized. These statements are subject to certain risks and uncertainties and may be based on assumptions that could cause actual results to differ materially from those anticipated or implied in the forward looking statements. Winstar's forward-looking statements are expressly qualified in their entirety by this cautionary statement.

Winstar Resources Ltd. is a Calgary-based junior oil and gas company, which explores for, develops, produces, and sells crude oil, natural gas liquids and natural gas in Alberta, Tunisia and Hungary. Winstar's common shares trade on the TSX Venture Exchange under the symbol WIX.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or the accuracy of this news release.

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